



Q&A Corner Questions

Here are 47 different questions for the Q&A Corner. Every Monday, fill in a new one for your co-workers to write about. To round out the year, come up with five additional questions you think would work well in your workplace.

- 1 What's the wisest thing you've ever heard?
- 2 What roadblock in your life you would like to get past?
- 3 What makes you lose track of time?
- 4 What gives you the most joy?
- 5 If there was a theme song for your life, what would it be?
- 6 What special things make your life a little nicer?
- 7 What's your most unusual characteristic?
- 8 What's your most significant personal achievement?
- 9 What's #1 on your "bucket list"?
- 10 What makes you smile?
- 11 What's your "go to" activity when you are feeling stressed?
- 12 What are you most grateful for?
- 13 What did you want to be when you grew up?
- 14 What important life lessons have you learned recently?
- 15 What's your best childhood memory?
- 16 If you were a "Smartie", what colour would you be?
- 17 If you had a boat, what would you name it?
- 18 What's your favourite time of day?
- 19 What do you like most about yourself?
- 20 What superpower would you choose?
- 21 If you could meet anyone, past or present, who would that be?
- 22 What have you read recently that inspired you?
- 23 What's your favourite month?
- 24 What's the one thing you can't leave home without?
- 25 If you had to fit all your possessions in a backpack, what would be in it?
- 26 If you were an animal, what animal would you be?
- 27 What positive influence would you like to have on others?
- 28 What's something most people don't know about you?
- 29 What is your favourite quote?
- 30 What boosts your motivation at work?
- 31 What personal quality is actually your superpower?
- 32 What's the most unusual food you have ever eaten?
- 33 What was your favourite childhood game?
- 34 If you could learn any new skill what would it be?
- 35 What's your favorite place in the world?
- 36 Who's the most famous person you've ever met?
- 37 How do you like your eggs?
- 38 What motivates you?
- 39 What are you most looking forward to?
- 40 What's your favourite book of all time?
- 41 When do you feel most like yourself?
- 42 What's your favourite game—board, video or other?
- 43 What's your favourite meme?
- 44 If you could relive any day of your life, what day would it be?
- 45 What's your favourite day of the week?
- 46 What's your #1 goal for the next 6 months?
- 47 What's your favourite chocolate bar?
- 48 _____.
- 49 _____.
- 50 _____.
- 51 _____.
- 52 _____.